

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9am MAT Heather	8:30am TRIO	8:30am TRIO	9:15 am TRIO	9am TRIO	9am TRIO	8am TRIO
		9:30 am MAT		10:30 am MAT		9am MAT Heather
10am-11-30 Modern dance class Heather \$20 class	10:30 am TRIO	10:30 am TRIO	10:30 am TRIO		10:30 am TRIO	10am MAT Heather
	7:30pm MAT Heather			1 PM TRIO	1 PM TRIO	

Last day of classes Saturday March 31st unused mat classes expire!

We will no longer be at this location, contact Clain for further info on reformer classes.

This is our last schedule of Classes. Please call Clain for appointment.

GROUP MAT \$18 WALK IN, 10 for \$150

Trio REFORMER CLASSES \$40 walk in, 10 for \$350